

**Join Anamav Postnatal Care and make a meaningful difference
in the lives of new families!**

Job Posting: Postpartum Doula (Nighttime) at Anamav Postnatal Care

Position Title: Postpartum Doula (Nighttime)

Location: Greater Toronto Area

Employment Type: Part-Time, Contract

How to apply: Please submit your resume and a cover letter detailing your experience and why you are a good fit for this position to careers@anamav.ca.

About Us:

Anamav Postnatal Care is a provider of in-home postnatal care services, dedicated to supporting new families during the critical postpartum period. Our team of compassionate and professional doulas and lactation consultants is committed to providing personalized care and fostering a positive and nurturing environment for both mothers/birthing parents and their infants.

Position Overview:

We are seeking a certified Postpartum Doula to join our team and provide nighttime support to new families in their homes. The ideal candidate will have a passion for postpartum care, a deep understanding of the needs of new parents and infants, offering comprehensive support during the night to ensure parents can rest and recover.

Key Responsibilities include but are not limited to:

- Provide emotional support and reassurance to new mothers/birthing parents and their families
- Assist with infant care, including feeding, diapering, soothing, and putting to sleep
- Support mothers/birthing parents with postpartum recovery, including physical comfort measures and guidance on self-care
- Offer practical household assistance, such as light housekeeping or meal preparation
- Try to help create an environment conducive to sleep for the family
- Educate and inform families about infant care, postpartum recovery, and available resources
- Document key aspects of client visits in Anamav's secure and confidential online platform
- Support other Anamav team members as required

About You:

- Strong understanding of and passionate about infant care and postpartum recovery
- Excellent communication and interpersonal skills
- Problem solving, critical thinking and decision-making skills
- Ability to work independently and as part of a team

- Compassionate, non-judgmental, and culturally sensitive approach to care
- Reliable transportation and willingness to travel to clients' homes within the Greater Toronto Area
- Believe in our mission and willing to represent our brand
- Love babies!

Qualifications

- Certified as a Postpartum Doula from DONA International, Doula Training Canada, or CAPPA, and in good standing
- Current Infant/Child CPR and First Aid certificate
- Vulnerable Sector Check (police check)
- Current personal professional liability insurance

Preferred Qualifications:

- Minimum of 5 families supported
- Additional certifications or training in areas such as lactation support, infant massage, infant sleep, or perinatal mental health

Benefits:

- Competitive pay based on experience and qualifications
- Flexible scheduling options
- Opportunities for professional development
- Supportive and collaborative work environment

Application Process:

Interested candidates can submit a resume and cover letter by email detailing their qualifications and experience to careers@anamav.ca. Please state in the subject line of the email the position you are applying for.

We are committed to creating a diverse environment and are proud to be an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, gender, gender identity or expression, sexual orientation, disability, or age.